



Valley Hope
ADDICTION TREATMENT AND RECOVERY

OMAHA PHP/IOP PROGRAM SCHEDULES & OFFERINGS

PHP / 5 DAYS / WK

AM = Monday - Friday / 9AM-1 :30PM

PM = Monday - Friday / 4:30-9PM

- Typical length = 20 sessions / 4 WKS
- Typical stepdown into IOP (3 x WK)
- Personalized treatment based on patient needs

IOP / 3 DAYS / WK

AM = M-W-F / 9AM-NOON

PM = M-W-F / 6-9PM

- Typical length = 36 sessions / 12 WKS
- Typical stepdown into Level One Continuing Care
- Personalized treatment based on patient needs

- **NEW FLEX IOP OPTION -** MTWTF treatment available!

NEW VIRTUAL IOP

M-W-F / 6-9PM

- Zoom Experience
- Identical services to inperson outpatient treatment
- Convenient and accessible



New Omaha Outpatient Location!



**11815 M St #100, Omaha, NE 68137
(402) 991-8824**



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OMAHA PUBLIC MEETING SCHEDULE



SMART Recovery

SMART RECOVERY TUESDAYS - 4:30 PM



ALCOHOLICS ANON TUESDAYS - 7 PM



COCAINE ANON THURSDAYS - 7 PM



NARCOTICS ANON FRIDAYS - 6 PM

ALL ARE WELCOME



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